

Welcome! Welcome to our call this evening - How to go from goal setting to goal getting - an introduction to ideal LV

Over the 45 - 50 min or so let me just say straight out of the gate that I'm not holding back. I'm going bottomline/brasstacks about why it is that many of you are not living your Ideal Life.

I'm going to share with you a tool that can LITERALLY change your life. Bold statement? Absolutely!! But I think at the end of the call you'll agree that this 1 tool can help you live your Ideal Life like no other!

This call is for you if you're wondering why you're not achieving your goals, why it is that you're still trying to lose that same 10 lbs for the last 10 years.....Or you're still struggling with your business and finances.

This isn't a fluffy call....I'm literally going to share with you a couple of Key principles that will help you in living your purpose. We'll be discussing "clear intention" and "focus" in a way that you've probably never considered.

By way of introduction : Married, mother of 5, SLC, very passionate about traveling and the outdoors. One thing you may not know about me is that my middle name is crazy....I'm kinda known for doing extreme things: jumping out of airplanes, waterfall repelling, flying trapeze, getting too close to lions on safari etc.

On a professional note....I am founder of Ideal LifeVision, my current company. And it's this "lifeVision" tool that I'll be talking about today that is what my husband and I used to build 2 multi-million dollar companies in the last 20 years.

As a LV expert & trainer, I've trained hundreds of highly motivated individuals and network marketers.

But the best part about what I do is seeing the Hundreds and even thousands of lives change & transform as they began using LifeVision as a part of their daily routine.

And so tonight I'm here, to give some very concrete ideas about how to lasso those dreams and pull them in. I'm going to share my message of [how I went from goal setting - to goal getting] **Creating your Ideal LifeVision.**

And I'm going to begin with The Power of Clear Intention. But before I even go a sentence further, what does that even mean? Possibly....I could be the only one on this call that has spent any amount of time researching it or looking it up in dictionaries or googling it.

And yet intuitively, I'm sure every one of you knows what the power of clear intention is. Intention, by definition, merely suggests clearer formulation and greater deliberateness.

Yeah...I know. That does sound like a dictionary definition. Let me put it a different way so that you can really wrap your mind around it:

To have what you want as part of your ideal life....you need to know what you want!

Most people can give you a detailed list of what they don't want, but how many people can actually articulate in minute detail the things they desire in all areas of their life? As a LifeVision

expert, I'm here to tell you.....Very few! But taking the time to get in touch with our greatest desires is well worth the effort.

So during my time with you this evening, I'm going to share with you

FIRST Why I think generic affirmations are old school....antiques of the past that have had to move over for concrete & specific vision statements that come in the form of paragraphs or even pages rather than single sentences. LifeVision Statements that contain not only THE WHAT, but The When & By When, The How or action plan and of course the WHY or the big motivation.

And I'm going to get specific about how the 2 stack up to each other....I think we'll call it AFfirmations vs. LifeVision.

And from there we'll get into how when creating Your LifeVision..... it should contains YOUR BIG WHY. I'm sure this isn't a new idea and you've heard that YOUR WHY is the back-bone of any goal setting method, but I'm going to give you the specific steps in making the motivation one of the key elements of creating your LV

And finally we'll talk about how Wording and language play a significant role in creating this LV. It's important to consciously choose the words you'll use. So I'll take a few minutes and give you several examples of powerful wording of an Ideal LifeVision.

But first I'm going to begin with my own journey of goal setting ...from setting nebulous and weak goals & affirmations to creating powerful intentions & recorded visions that took me from making \$25,000 a year to owning a million dollar food business.

How many of you consider yourself goal setters?

When I think back to the olden days, I realize i've been a goal setter my entire life. It's just that the way I set goals now is much different than the way I would set them 30 years ago. Back in the day, i would get out my yellow legal pad on New Years Day and proceed to write a long list of goals I wanted to accomplished for the coming year.

The page would be filled with weak and generic goals that went something like this:

lose weight
make more friends
get better grades
become more spiritual
be on the swim team etc

Can any of you relate to this?

And then I would proceed to shove the notebook into my desk drawer, rarely looking at it again before the next year when it was time to set the resolutions again.....and as you can guess, I typically just copied them onto the next years list, maybe adding one or two.

By the time I was a junior or senior in High School, my dad had discovered the personal development path and was learning from motivational gurus like Brian Tracy & Zig Zigler who taught him that getting a little more specific was a good thing. So instead of "I want to lose weight", I followed the advice and wrote "I want to lose 10 lbs.". In addition, I started posting the goals on my mirror or the back of the door so I could actually see them and read them on occassion.

Next came affirmations:

Ya know Affirmations were just coming onto the scene back in the 80's. They may have been around longer, but they were starting to become "hip". One of my affirmations was: Money flows easily and effortlessly into my life.

(That was a really popular one....one that i have seen many times over the last 20 years. And let me be blunt, honest and possibly contraversial when I say...I'm not a big fan of affirmations:

Here's why:

They lack specificity & personal connection, therefore they ALWAYS come up short as a clear intention.

Affirmations are general and typically quite nebulous. Most often they are single statements like

I am at peace with the Universe
I consciously bring money into my life
I am worthy of love and fulfilling relationships

The typical implementation for affirmations is that they are written on cards or post-it notes and then scattered through out the house on mirrors, dashboards, refrigerators etc. The idea is that you read them (aloud) every time you see them.

One of the biggest draw backs of affirmations is that they aren't specific enough to create a powerful vision that will compel you to action. With single sentence affirmations, your mind (or imagination) isn't given enough information to create an inner picture that conjures up those important aspects of goal accomplishment: like.....emotion, motivation, visualization, & action plan.

And that....on the other hand is exactly why LifeVision Statements are so much more powerful than simple affirmations.

So let's contrast the two methods:

Affirmation: Money flows abundantly & effortlessly into my life.

Talk about nebulous. If i were to go around an audience or group of people and ask 10 of them how they would define "money". I'll bet I'd get 10 different answers.

Green bills with Franklin on them.
A check for \$1,000,000.
Currency I trade my time for etc.

Next....."flows abundantly & effortlessly ". As you probably know...your brain sees in pictures (not words) and so it needs a reference point for that word "flows" and so the brain scrambles to find something that flows. Maybe it comes up with lava or water and so it might see hundred dollar bills flowing....down a stream, like a river. And finally when it hits the word effortlessly, it rejects is because again there's no reference point for money and effortlessly in your brain, because you've always worked pretty hard for your money.

Maybe you can begin to see why generic affirmations like that don't work too well.

So writing down my goals on a legal pad and reciting affirmations.....these were my goal setting methods for many years....with results that were fair to mediocre.

But little did i know that my life was going to drastically change as a direct result of changing my goal setting techniques.

My STORY (15 min)

.....The Rest of the Story.

So that's my story and I have continued to use this tool nearly consistently for the past 22 years. To the point where I currently have a 13 page, single spaced typed LifeVision that I have recorded with a special kind of music and downloaded onto my iPod.

So what is a LifeVision? You heard the story....But let's nutshell it:

By definition - some of my clients call it a - minutely detailed personal mission statement, others have referred to it as a declaration of Intent

regardless..... Clarity & Focus

Expand on clarity

I'm talking minute clarity, not just The What - but also the when by when how action plan, emotion motivation etc (I'll give you an example of that in just a minute.....because I want you to REALLY be able to wrap your mind around this.

What do I mean by Focus?

record this, in your own voice, with accelerated learning music and listen to it everyday

Let me go over that in just a little more detail.

Record it for 2 reasons: so it imprints onto your subconscious (and I'll touch on that briefly in just a bit - but in other words, the listening of the recording changes your neural pathways.

The second reason is actually the practical reason of multi-tasking. You can listen to it while you're exercising, driving etc. This is HUGE... Because we know if you had to READ it everyday...you wouldn't.

"In your own voice". Did you know your voice is your most believable voice. I've had people question me on that. But really? I mean think about all that negative self-talk you've boughten into over the last 20 years. Yeah....you've believed it.

and If you compare the results from a generic affirmation CD you buy that someone else recorded and sells you and compare it to your own voice saying your specific, goals in minute clarity....the results are like 100X more.

And we use Super or accelerated learning music because it puts your brain and body in a

certain state called Alpha. If you've ever heard of The Mozart Effect, this is the same idea and principle.

And I know that was a super short fly over, in my course, we go over each of those in DEPTH.

But back to the affirmation for 1 second - As you can see, the affirmation "Money flows abundantly & effortlessly into my life" is a clever and beautiful statement and yet it doesn't quite give my brain the specifics it needs to actually land that goal.

But a LifeVision does - A LifeVision that includes all those details that I just mentioned. An Ideal LifeVision isn't a one-size fits all, but take into account your unique gifts, talents, & personality. Ideal LifeVision statements are concrete enough that you can visualize it in detail. They give my conscious & subconscious mind something to go after. As I feed that visualization into my mind daily, it can't necessarily distinguish between what's reality and what isn't, but regardless it's goal seeking mechanism pursues the path for accomplishment. My mind actually has something concrete to "land on" now and will find a means and method for accomplishing it.

By writing and listening to my LV, I find myself taking action steps that narrow the gap between where I currently am and where I want to be. It is a cause in motion that literally activates and attracts the things I desire into my life.

Now be assured that this doesn't just work for me. Hopefully you had a chance to watch the ideal LifeVision video and the additional videos on the registration or home page and if you did you saw 5 people share how it's working for them.

But in case you didn't, or even if you did, let me share just a couple of more examples of what people have accomplished along with what they said to create their results.

Let's start with **Physical Fitness**

First example is my client Bonnie:

She describes what happened best in her email.

The greatest thing yet-- in my Physical Live Vision, was my 33 lbs weight release. I checked myself out in the big full length mirror in my closet just this morning, and may I just say "Damn! that I look hot!! For the first time in over ten years, I'm truly and finally feeling good about myself, I AM loving me. I shared this with my husband this morning in tears of joy. I feel like I'm the captain of my ship again!

I love reading that!

So you're probably curious as to HOW she did this. Here's just a sneak peak at 1 paragraph of her full page typed Physical section

"I eat the perfect balance of foods for my body. I eat for fuel and nutrients to keep my body running optimally and efficiently. I focus on getting most of my calories from lean protein sources, fruits, vegetables, whole grains and healthy fats. I eat mostly foods from all natural ingredients and eat organic fruits and vegetables whenever possible. My body accepts the food easily, using it effectively I drink at least 100 oz of fresh water daily to vitalize, nourish and refresh my body. I take high grade supplements such as a multi-vitamin and whey protein.

I have more energy and mental clarity than ever before. Because I am dedicated and

consistent with my nutrition, I weigh my ideal weight of 145 lbs. Being a size 8 is a dream come true. It has given me the energy and confidence I've been craving. I feel fabulous in my new lean body. I'm excited about all the compliments I receive. I have a new summer wardrobe in size 8!

Now that was just a piece of it.....she continues on with another full page of detail about wardrobe, exercise, triathlon etc.

Get the picture. It's about details. It's about emotion. It's about strategy.

If you're in the situation where it wouldn't kill you to lose 10 or 100 lbs, then this is for you!

There are 8 specific steps you need to follow to create your own physical Lifevision. And when you do - magic happens!

I've had dozens of clients lose weight....but that's not all. Your physical health and fitness section does not just need to focus on losing weight.

Other clients have used ILV to learn to ski, play tennis and take up fencing.

Just last year, I put in my LifeVision that I would take a class in rock climbing. Once I started declaring it daily, it wasn't long before I was offered by a close friend to be the other half of a coupon - buy one, get one free to the local rock climbing facility.

We went 2 times a week for a full month, having a blast we learned how to "boulder" - a free style form of rock climbing. I've also used my physical LV to ride a 208 mile bike ride. The longest one day bike ride in the US called Lotoja. I also completed 8 Olympic distant triathlons , went skydiving - just to prove I could do hard things :)

I've had MANY clients use it to complete marathons, half marathons, triathlons, bike racing etc. In fact quite a few athletes are using this to improve their 'game'.

And isn't that what it's all about for every one of us....**being at the top of our game!**

LifeVision Works!

(Relationships)

So let's talk about another part of our life that can be frequently on our minds.....our relationships. I'm going to take this to the 2 extremes of what ILV can do for you in terms of your relationships. It's important to know that you can use LV in your relationships with your spouse or significant other, with your children, extended family and your friends.

You can use LV to improve your social skills like being a better listener, accepting others rather than judging them or being critical, using it to remember names....etc.

So when I'm training LV, we go through all of those pieces but then I ask the question. How many of you want to be in a relationship but aren't?

At one of my workshops Jason raised his hand. He's in the video if you had a chance to see that.....but let me share a little bit more of his story:

Jason participated in my program last January and within 6 weeks he literally had found the girl

of his dreams. He had been divorced for several years and was really lonely, yet a bit wary of again being in a relationship that wasn't right. 6 months later, in June of this year, Jason got married and I can assure you that this time he got it right. So how did that happen? By using the 8 steps to create the perfect LV of what he wanted.

And here's some of what Jason put in his LV.

I have the perfect companion who I love unconditionally. She is so beautiful. We share the same love for health, outdoor activities, personal development and spirituality. We have a deep connection both physically, emotionally and spiritually. We share the same financial philosophies and abundant paradigm. She is kind and generous. She is so supportive of my sobriety which makes it easy for me to focus my energy on love and happiness in our relationship. We are supportive of each other's businesses and the principles that we teach our clients. We push each other to excel and grow in life and business. We compliment each other and make each other better. We have the perfect combination of independence, freedom, respect and reliance in our relationship. She loves me for who I am. We have engaging conversations where we teach each other exciting things that we are learning in our lives. Each week we have a scheduled "date night" where we go out to a nice dinner, movie or enjoy a fun activity together. This allows us to spend quality time together, focusing on us as a couple. She is my best friend. I attract this person by exemplifying all of these qualities in my own life.

So pretty AMAZING to find your soul mate using LV, and he's not the only one. I've had more than 6 clients get married as a direct result of creating their LV.

But let's take it to the other extreme. Not all of us are looking to get married. We just want to be happy with the one that we did marry? Know what I mean? :)

I'm sure there are several out there that can relate to Junita. In an email she said: My relationship right now with my husband is the best it's been in a very very very long time. Just this morning he said to me "What happened to my wife? Did she get kidnapped or brainwashed by aliens?" He's referring to the way I treat him including how I talk to him and things I do for him.....all a result of my LifeVision. Thanks for helping us turn this around.

Want better relationships with your friends, business associates? Children, spouse etc?

Then get clear on what you want, What you're willing to BE and DO and watch things turn around!

I get a LOT of testimonials and success stories in this section and have had the honor of watching many people heal their broken relationships as well...because BROKEN relationships are NOT a part of your ideal life.

MONEY

I'm sure most of you would like to hear about how to make more money, double your income, get more clients or simply manage your money better.

I have a client - no name this time - that by very descriptively detailing his work schedule, his marketing plan, his expertise in showing potential clients how he could create value for them, he doubled his income in less than 12 months.

Part of the Ideal LifeVision process, at least for entrepreneurs is to literally put a very comprehensive business plan....and I say that very loosely into your LifeVision. It's these types

of details that help you visualize it enough to take massive action. And that is exactly the point of the LV. To create a picture so you know EXACTLY what to do.

Carol went from \$1,500 to 15,000 in 90 days

Brent built his downline in his network marketing company from 20 to 126 in 60 days

Marci got a TV show and the list goes on and on.

I got a book in the mail just yesterday from Kristi, who put it in there to be an author and best-seller!

Our finances, Our Profession, Things we need or want to buy ...to say we spend time thinking about these topics would be an understatement.

Again LV can help. You heard my story and yes that was a long time ago. In more recent years, I've used ILV to manifest some fun things like an expense free vacation to Hawaii to an iPad to a remodeled garage in the last 10 months.

I have used ILV to fund humanitarian trips to China, Africa and India - taking my 5 children with me to teach them how blessed they really are and what life is really about.

And that takes money to fund ventures like that that are over \$15,000 when you have multiple people going. But once I'm clear on what I want to create, where I want to go and the impact I want to have....it usually falls into place with the help of my LV.

Let me share with you a recent experience - INDIA a few months back.

In January of last year I wrote this in my LV.

"This year I go on a fabulous humanitarian adventure. I either go to India or Africa sometime between June and Nov. I am very prayerful about my choice so that I am in the right place at the right time.

Ways open up for me to have the money that I need and I consider bringing Scott and the boys if the opportunity is right. I know that there are women in other countries awaiting service that I can give. I have a special purpose to come into the lives of many people in 3rd world countries. And it's a mutually beneficial relationship as I learn and grow from them as well. This experience changes my life.

Within weeks, my business partner and I were contacted by a BILLIONAIRE in India who operated several foundations and colleges and invited me and my team of trainers over to teach Ideal LifeVision to 700 young women between the ages of 16-24.

The highlight for me was when these women, who the first day we were there could talk about nothing except how hard their life was, the poverty they were experiencing, how they came from the slums and this was to be their lot in life.

But within DAYS....as we conducted our training of ILV, their mindset was different, they were excited about life. They had confidence...they believed in themselves (some for the first time ever) There were literally crying with joy because they saw a future that included health, wealth and happiness.

Here's just a paragraph of one of the India girls LV paragraphs that made me smile so much.

Honestly I thought my heart would jump out of my body when this beautiful girl got up to read me her Ideal LV.

I am an independent, wealthy woman. I take care of my family members, relatives, and friends. I serve my God with all my heart and he always gives me my very need. He is always by my side, he keeps me going. God surprises me with many ways of earning money daily, money comes to me from unknown sources. I love money and money loves me too.

I use a tenth of my monthly income as tithe. 10% of my money goes to my savings account. I use the remaining amount to help my relatives and the other needy people. With my money, I have bought my dream car, a Jeep, built my house. It is a very big double story building, well furnished, self-contained with 8 bedrooms, well decorated and has a large, clean, green compound with a calm and favorable environment.

LIFE-CHANGING! And all it cost me was my airfare....And yes, my husband and boys had the opportunity as well. I got back from this adventure just in Sept, a few months ago.

And I've had this experience time after time. So 2012's LV will include another trip to India so share this tool of ILV with hundreds more.

(PAUSE)

MOTIVATION

As I read through these different examples that I've shared so far.... I'm sure you heard all the different elements: the What, the where, the when, by when....and of course the action plan. It's pretty obvious, but I wanted to point out something that is a little less obvious, but equally important and that IS the motivation within your LV. That's your big Why. I know this isn't anything new. You've heard this before. But your reason for doing anything IS in fact the driving force that will make your clear intentions within your LV a reality. Without your WHY....your LifeVision is really just a glorified To-Do list.

So I have this client & business associate that wrote his LifeVision with Clear intention, but somehow forgot to add the motive. Several months later, he mentioned to me that several of the things that he had written into his LV had happened, however, one of the major things he wanted to manifest had still eluding him.

Because we didn't have a lot of time for the conversation, I asked him to email me his LifeVision, so I could take a look at it. And he made a note that the intention that he hadn't been able to manifest yet was selling a piece of property that was worth a lot of money. Millions of dollars. And because land developing had screeched to a halt because of the economy the prospect wasn't looking too good, and it was draining him quickly of much of his financial reserves.

This LifeVision read: On or before July 15, 2011, I find the perfect buyer for my _____ property and close on it, netting over \$3,000,000.

He did put a little action plan in there about how he had it listed and had ads for it and had sent out emails to his entire data base etc.

So this clear intention or LV actually looked pretty good at first sight. But that emotional connection and motivation was lacking.

So I connected with this client again and specifically asked him....."Why do you want to sell the property?" Besides the money, what will it give you?

(SIGH) Peace of mind!

He went on to tell me that he was going on an extended vacation throughout Europe & Asia and it was critical for his peace of mind that he get this monkey off his back before leaving. It would give him the peace of mind to enjoy his trip as well as the financial peace of mind to pay off the loan that was such a burden. He wasn't so worried about making a profit as he was just being done with it.

Of course I was taking notes the whole time he was talking and when he was done I suggested transforming his current LV to include the following:

On or before July 15, 2011 I close on my _____ property for \$3 million dollars. I attract the perfect buyer by networking with friends, business associates & property managers. I place ads in various real estate classified ads all over the country. This transaction gives me enough to successfully pay off the loan, preserving capital that I can grow in other areas. In addition, it gives me peace of mind so that I can go to Asia with the feeling of freedom. I enjoy my month there immensely knowing that my finances are in good shape and my loan paid off.

Bingo!

Now this property had been on the market for about 18 months, and now less than 18 days later, he had an offer, and coincidentally....or maybe not....he closed on July 15, the date he had set in his LV.

Exciting! And that was a fun call to get. "HOLY COW" he said ...are you sitting down...you'll never believe what just happened....and guess what day I'm closing on!!!!

:D

So asking yourself "Why do i want this? What will it do for me or what will it give me? are critical steps to defining your clear intention. And then of course include the answers. Many of our dreams & goals are quite large and it really does take a powerful & emotional motive to accomplish it. Dig deep enough to find the reason for wanting to attain or accomplish the goals in your LifeVision.

Here's another concrete example:

I compete in the Jordanelle Olympic distance triathlon on August 28. My time is under 3 hours. From March 20 - August 20th I train MW & F by biking and swimming or running and swimming for 2 hours at 6:30 am. Because i compete in this sport I feel incredibly athletic. Being in shape has given me a tremendous amount of energy. I look and feel youthful and am often mistaken for someone in their 30's.

I purchase my new Trek on or before March 15th. I have new riding partners that I enjoy meeting and getting to know. It's always fun to have someone to train with on my Saturday rides.

So did you catch the Motivation within that example?

I think I have time to discuss 1 more key component in what it takes to create the most powerful LV .

And this would be how you word it, the language of the LifeVision....or the types of words you

use.

Language and Wording

Do you realize what a profound influence words have in your life. They don't just describe your world....they CREATE IT!

So it's very important that you choose the right words when creating your Clear Intention and LV.

Let me give you several different examples that support this:

Like I mentioned at the very beginning....people are really good with defining what they don't want. So I've had hundreds of people over the years email or read to me their LV and it's surprising how many of them state it in the negative.

For example: In my relationship with others, I am never critical. I avoid gossip and being judgemental.

Or: I am improving my health. I have given up smoking. I never eat processed foods or white sugar. Because I exercise, I don't have love handles anymore and my joints don't hurt.

Are you getting this? Your brain sees in pictures, and therefore in that last sentence....all it sees is smoking, processed foods, white sugar, love handles, and joints that hurt! So don't attract what you don't want.....attract what you do want into your life by choosing your words consciously.

It's really quite easy to flip those negatives to the positive. For example the conscious way of wording that last intention would be to say something like:

I love myself so I am careful about what I put into my body. I remember to take my vitamins and supplements daily and recognize the benefits of nourishing my body properly. Each morning I enjoy a green drink with protein powder and fresh fruits and greens. I enjoy many fresh fruits and vegetables throughout the day as well. I have discovered new salads and ways to season my vegetables to liven them up. I eat a variety of foods high in protein including small amounts of meat and whole grains. I drink plenty of water. I always carry a water bottle with me so that I can stay hydrated.

Then going on in a similar way about exercise.

The second way you can be really conscious about your words is to be careful with words that trigger or carry emotional baggage.

An example of this would be the word "debt". For many people, that is a word that consciously and subconsciously triggers some emotion. It reminds us of a nasty conversation we had with a collection service once, or maybe triggers feelings of failure because we promised we would never go into debt and now we have a mountain of it. Or it could subconsciously create anxiety because that's what debt gives us....anxiety.

Diet is another word like that. For many people, all I have to do is say the word diet and they go into a mood of deprivation. Years ago when I used to "diet", all I had to do was say that word and I wanted to EAT....everything in sight!

So instead of saying debt-free, we can substitute the word Financially free....or instead of saying diet, we can say "eating plan".

Along the same lines, I would highly suggest not using a phrase such as "I lose 2 lbs a week". And here's why. Your brain tries to find everything it loses. If I lost my keys and were to think to myself...Wow, I think I lost my keys". It would be a given that my brain would try to find them.

Reminds me of the woman that said to her husband.....Honey, HOney, I lost 8 lbs...and his cruel reply was: Turn around, I think I found them.

(my poor attempt at humor ;)

So just substitute that using a phrase like "I happily release or let go of 2 lbs a week, reaching my ideal weight of 140 lbs on or before Feb 15th.

And finally, use words that are powerful. First person, present tense....as IF you were already that person is the most empowering way to state your LV. It doesn't mean that it has to be a reality for you to declare it....it's just your clear intention and it will soon become your reality.

Let's talk about I AM statements

I AM - the 2 most important and powerful words in the language, in my opinion. I Am that I am. The name of God, a vibration that is unlike any other.

So use it frequently in your LV

I am a successful entrepreneur making \$250,000 annually

I am outward focused, serving humanity with daily acts of kindness
I am lean, mean fat-burning machine.....a 135 lbs of solid muscle

Ideal LifeVision with it's Power of Clear Intention can & will transform your life!

Let me conclude with one final story that shows that once again..... miracles really can happen as a result of clarity in our intentions:

I had a new friend who came to one of my workshops last year in quite a bit of turmoil. Her husband was in the Luxury home building business and due to the economy crashing...their income went from \$15,000 a month to just under \$1,500 a month. As the months wore on.....they were to the point where if something big didn't happen immediately, they would be out on the street due to impending foreclosure on their own million dollar home.

In the part of the workshop where we got very clear about our professional & financial Life...I could see this beautiful woman get very anxious and then very emotional. So I followed her into an adjoining room where she burst into tears while at the same time telling me she was down to 90 days before they were to lose everything. And so she begged me to help her with creating the financial section of her LifeVision.

So the first thing I asked her was what her action plan was for making the money. She looked me right in the eye and said....if I knew that...I would have already done it. I have no ideas....all I know is that I need to make \$15000 by August (and it was May)

We both spent some time thinking and pondering and instead of coming up with a very long and

detailed vision....like the one I read to you earlier....together we came up with this very short & simple attraction LV.

By networking with friends, family & business associates, I attract the perfect opportunity. My eyes and ears are always open and when the perfect opportunity appears, I know instantly. The hairs on the back of my neck stand up and I act upon it immediately. Then I make a detailed action plan that I follow to the letter. By August 31, I make \$15,000. This is a tremendous blessing in the life of my family as we have all our financial needs met.

In June, I got a text message telling me that she was giddy with excitement as she had found the perfect opportunity and had rewritten her LV to include more details, motivation and action plan. And she added....and yes, the hair on her neck has stood up.

On August 27, just 4 days short of her goal, she called to tell me that she had made \$15,400 in commission from this new opportunity that she had attracted due to her crystal clear intention.

Was this Life Changing? Absolutely. She continues on as the highest paid distributor in her new MLM company.

So..... what if you could turn your life around ?

Take a moment and think about how your life would be different if you were clear - crystal clear....and focused.

If you had a vision that would help you manifest what you want - in all areas of your life. A vision that compels you to take action!

So for those that are ready for a powerful transformation - get on your computer right now or grab a piece of paper and go to Ideallifevision.com/session and get an appt with me this week or next.

Look at your calendar, look at mine and let's chat.

We'll take 20 min or so and find the perfect fit in terms of how you can go about creating your LV. I have several different options of how you can do that.

And so no...I'm not selling my program or my coaching program on this call tonight. But when we get on the phone for the laser session, we'll go over several options.

Some of you will want to do it self-paced. I have a VERY reasonably priced program that includes videos, audios and everything you need to create it - recording system, music samples etc.

Others will want some coaching with it - weekly calls, critiques and feedback on each section of your LV to make your vision the most powerful it can be.

And some of you Life and business coaches out there may want to get certified to train it! You can make money doing this and you can come to India with me next year!

I've got something for everyone and we'll get the right fit for you.

So....grab a time. Again, the link is Ideallifevision.com/session

I need to pause here for 1 second with a word of caution. There are 8 very critical steps in creating a LV and tonight I touched on a couple of them. Please don't think that I gave enough information for you to figure out the other 6 steps and do this on your own. Because you won't be able to - honestly - experience has shown that those that decided to try this on their own had dismal results. When it comes to reprogramming your subconscious mind don't take the chance.

Need I say more? You are definitely going to want some guidance on this. For a minimal investment - as low as \$100 a month for 3 months - you can have Life changing results!

Finally, let me conclude with what some other visionaries are saying about this program:

Jack Canfield says this about this recorded goal setting program..... *"I love this program. It gives the average person a cost-effective way to combine personalized background music with their own vision of their ideal life and create a CD or MP3 file for their-iPod or MP3 player.*

When you can listen to your vision every day and burn it deeply into your subconscious mind.....this assures an accelerated achievement of your goals!"

Here's what John Assarraf has to say:

I do as much as possible to get into my subconscious mind. And so I am willing to invest as much time and as much money as necessary to get my brain wired properly.

And the best way I've known is to do this is to go through the creative bombardment. To do it from a variety of different angles including auditory ...

Take your Vision and to put it onto your iPod or a CD. There are a few programs out there that will give you what you need instead of you fumbling around trying to figure out how to do it by yourself."

Ok...So there you have it. The Success gurus are telling you to do this, and yet as far as I know, I'm the only one out there that is walking you step by step through the entire process while holding your hand the entire time. Over the last 23 years, I've refined this process so that you don't have to.

So what about you? What is 2012 going to be like....

Will it be more of the same - or is this your year to live your IDEAL Life.

Remember - The best way to predict the future is to create it!

Thank you!