

Ideal LifeVision is about assisting individuals in discovering how to manifest their ideal life using their own personal recorded LifeVision. This revolutionary method of goal setting uses a holistic approach that doesn't focus on just one aspect of life, but creates synergy between personal and professional lives.

# Manifest the "ideal you" living your "ideal life" using a LifeVision.

### What is a LifeVision?

In 2 words it's about Clarity & Focus.

**CLARITY:** A minutely detailed declaration of intent/personal mission statement that includes the 5 key areas of your life: your relationships (family and social), your spirituality, your physical fitness, your financial/professional life, and your emotional/ personal development.

It is written AS IF you had already accomplished it (in the present tense). Your LifeVision is first created on paper (or computer) in sections. It is fine-tuned and tweaked until it feels complete as an expression of the "ideal you". (Typically runs between 5-10 pages typed! Now that's detail!)

#### FOCUS:

Your LifeVision is then recorded (with Baroque music in the background) using a program on your computer, where it is downloaded onto your iPod (or burned to CD) and listened to daily. The process of listening daily to the ideal life you intend to create is incredibly powerful. It is a cause in motion that literally activates and attracts the things you desire into your life.

#### Key Elements:

•A word picture of the "ideal you" living your "ideal life".

•Includes the motive for wanting to achieve the details of your vision (Your "WHY")

- •Includes the How, Where, and When (the action plan) of specific goals.
- •An implementation system for new self-improvement ideas.

•Recorded to super-learning music that can put the mind in Alpha (meditative state).

## Ideal LifeVision Workshop

Saturday, June 13, 2009 9:00 am – 5:00 pm Cost \$250 Includes: all day workshop, lunch, program & recording system

Or

Saturday, June 27, 2009 9:00 am – 5:00 pm Cost \$250 Includes: all day workshop, lunch, program & recording system

What can you expect from this experience?

- In this workshop there will be lots of "introspective digging" to find out what matters most to you and the legacy you want to live and leave.
- You will learn how to access your minds both consciously and subconsciously to maximize your full potential in goal achieving.
- You'll discover a unique and powerful "implementation system" for all of the self-help ideas you've accumulated over the years.
- You'll be introduced to new methods of getting rid of nagging old habits and replacing them with new positive ones.

Extraordinary Benefits:

- Defining your "ideal life"
- Finding clarity on your life's purpose and your "next step" in each area of your life.
- A tool to put your goals in front of your face on a daily basis
- Detailing the "action plan" for your goals

Research & experience has shown that a LifeVision is a powerful tool for realizing your life purpose, living a more fulfilling life and accomplishing more of what you want.